

Weekly Bible Reading

S - Matthew 6:19-34

M - Matthew 19:21-26

T - Luke 14: 25-35

W - Luke 16:1-15

T - Philippians 4:10-23

F - 1 Timothy 6:10-19

S - 1 John 3:16-24

Memorize/Reflect: *“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.” (1 Corinthians 6:19-20)*

Prayer Direction: Pray for insight about your personal health. Ask God to show you the areas in which you are not caring for your health as well as you should. Ask for strength, perseverance and patience as you take steps to improve your health.

“Live It!” Challenge - Take small steps: Identify three small steps you can take this week to begin to get a GRIP on your health. Share these steps with someone who will encourage and support you. Then TAKE ACTION!

For Growth Group resources based on today's sermon visit our website at www.shorelinechurch.org.

Bibles! Available at 30% off!

If you don't have a Bible and want to purchase a great one, check out our selection in the Café. Our volunteers are ready to show you various Bible options.

SHORELINE PASTORS

Management Team

Lead Pastor | **Kevin Harney** >kharney@shorelinechurch.org

Executive Pastor of Operations | **Keith Krueger** >keith@shorelinechurch.org

Executive Pastor of Care | **Dennis McFadden** >dennis@shorelinechurch.org

Executive Pastor of Innovation | **Ben Spangler** >ben@shorelinechurch.org

Executive Pastor of Strategic Leadership | **Shawn Stroud** >sstroud@shorelinechurch.org

Executive Pastor of Organic Outreach Ministries | **Walt Bennett** >wbennett@shorelinechurch.org

Full-Time Pastors

Outreach Pastor | **John Houseman** >jhouseman@shorelinechurch.org

Family Life Pastor | **Roy Piña** >rpina@shorelinechurch.org

Worship Arts Pastor | **Jonathan Ryan** >jryan@shorelinechurch.org

P.G. Campus Pastor | **Nate Tibbs** >ntibbs@shorelinechurch.org

Part-Time Pastors

Outreach Influence Pastor | **Tom Green** >tgreen@shorelinechurch.org

Military Ministry Pastor | **Steve Young** >syoung@shorelinechurch.org

Full staff listing at www.shorelinechurch.org

LEADERSHIP TEAM

Rick Alexander, Peter Andersen, Larry Bell, Tim Cass, Martin Colijn, Betsy Davis, Doug Gutshall, Kevin Harney, Paola Horvath, Pete Lee, Jesse Piñon, Jackie Scott, Jason Tracy

Our mission is to help as many people as possible become totally committed to Jesus Christ!



Office Hours: Monday-Thursday 9a - 5p, Friday 9a - 4p

info@shorelinechurch.org 831.655.0100

Visit us online at www.shorelinechurch.org

Service Times:

Monterey: 2500 Garden Rd, Monterey

Sunday 8:30, 10, 11:30am & Monday 6:30pm

Sign Language & Spanish interpretation available Sunday at 11:30am

Pacific Grove: 485 Pine Ave, Pacific Grove

Sunday 10am

January 24, 2016

Getting a Grip on Your Health

Pastor Keith Krueger

UPCOMING EVENTS:

(All events take place at Shoreline Monterey unless specified otherwise)

Military Quarterly Luncheon | January 24

Join the Military Ministry on January 24th from 12:45-2p in the Parkside Room for our Quarterly Luncheon. This is a time for Military Members and their families to come together for a time of fellowship, to share faith and service testimonies, and meet members of Shoreline's staff. Email military@shorelinechurch.org with any questions.

Single Mom's Gathering | January 27

Join us the 2nd & 4th Wednesday each month, 5:30-7:30p for the Single Mom's Gathering. This ministry is designed to help single moms know the love of Jesus and gain tools and wisdom for their journey as a single parent. We will discuss budgets, self-care, and having fun! Kids ages 3 years to 5th grade will join us for a meal and then attend Awana from 6-7:30p. No pre-registration required. Email singlemoms@shorelinechurch.org for more information. Childcare for kids under 3 is not provided.

High School Dodgeball Night | January 29

High School Students are invited to join us Friday, January 29th, 7-8:30p to duck, dodge, and dive at Dodgeball Night. There will be food and a trophy for the winning team. The cost is \$3. Visit www.shorelinechurch.org or email highschool@shorelinechurch.org for more information.

IF:Monterey | February 5-6

Join us Friday, February 5th, 3-9p and Saturday, February 6th, 9a-3p in the Parkside Room for this 2-day webcast event for women. Diverse voices and artists come together to address the question: IF God is real...THEN what? How do we live? How do we unify and dream for the name of Christ in our generation from our unique places? Online registration is required and meals will be available for purchase. Visit www.shorelinechurch.org to register or for information.

Redefine: Girls Conference | February 19-20

The High School Ministry is hosting the second Redefine Conference on February 19th and 20th for teen girls. This 2-day conference is dedicated to 'redefining' topics such as beauty and purity. This event is for 8th grade and high school age girls only. Cost is \$10. For more information or to register visit www.shorelinechurch.org/highschool or email chainline@shorelinechurch.org.

THIS WEEK'S CALENDAR

(Check out our monthly calendar online)

Sunday 24	Monterey Celebration Services - 8:30, 10 & 11:30a Pacific Grove Celebration Service - 10a Walk Through the Bible - 10 & 11:30a Middle School Gathering - 10 High School Gathering - 11:30a Military Quarterly Luncheon - 12:45p Apologetics Class - 3p Young Adult Gathering - 7p
Monday 25	Monterey Celebration Service - 6:30p Precept Upon Precept - 6:30p
Tuesday 26	MOPS Meeting - 9:30a Food Pantry/Clothes Closets Open - 12:30-2:30p GriefShare - 6:30p Women's Bible Study - 6:30p
Wednes. 27	Precept Upon Precept - 9a Women's Bible Study - 9a Single Mom's Gathering - 5:30p Awana Clubs - 6p Middle School Home Group (Toro Park) - 6p
Thursday 28	Food Pantry/Clothes Closets Open - 12:30-2:30p Middle School Home Group (Pebble Beach) - 6p Celebrate Recovery Gathering - 6:30p High School Youth Group - 7p
Friday 29	Middle School Home Group (Monterey) - 6p High School Dodge Ball - 7p Middle School Hume Lake Winter Camp
Saturday 30	Middle School Hume Lake Winter Camp
Sunday 31	Monterey Celebration Services - 8:30, 10 & 11:30a Pacific Grove Celebration Service - 10a Middle School Hume Lake Winter Camp Walk Through the Bible - 10 & 11:30a Middle School Gathering - 10 High School Gathering - 11:30a Apologetics Class - 3p Young Adult Gathering - 7p

NOTES

Getting a Grip on Your Health

God cares more about our _____ and _____ than we do.

The _____ of God dwells in each follower of Christ.

Relationships that offer _____ and _____ are highly effective.

Our _____ will typically determine our _____.

We need to make sure our health does not _____ an _____.

Start by identifying _____ you can take.

Key Passages: Romans 12:1-2, 1 Corinthians 6:19-20
Colossians 3:23

Shoreline Emergency Response Team

The Shoreline Emergency Response Team (SERT) ministry is adding a Security Team component and is looking for a Shoreline member with law enforcement, military and/or private security leadership experience to oversee a security team. If you have experience in any of these disciplines and a desire to serve in this new ministry, please email Pastor Ben Spangler at ben@shorelinechurch.org and Special Projects Director Jesse Piñon at jpinon@shorelinechurch.org. Additional information is available upon request.

Growth Groups

Growth Groups at Shoreline provide an avenue to connect and grow in a smaller setting. If you are interested in joining a Growth Group please email growthgroups@shorelinechurch.org for more information or visit our Growth Group Finder at www.shorelinechurch.org.

Important Dates

January 27 >> **Single Moms Gathering**
 February 5 & 6 >> **IF:Monterey**
 February 17 >> **Night of Worship**
 February 19 & 20 >> **Redefine: Girls Conference**
 February 21 >> **Spiritual Gifts Class**
 February 19 & 20 >> **Redefine: Girls Conference**
 February 28 >> **Baptism**